

**HEAT 1**

Giaccio  
Aliyah  
Villa  
Barbetta  
Della Fiore  
Sitzia  
Ligi  
Boscolo  
Derouiche  
Ratto  
Caprotti  
Mazzolini  
ventura  
Boffa  
Ciliberti

**SCALED W**

Mirna  
Debrina  
Emanuela  
Sara  
Elisa  
Marlen  
Giulia  
Marta  
Imen  
Francesca  
Sabrina  
Elisa  
lucia  
Manuela  
Valeria

Crossfit Blackfox  
Crossfit Darsena  
crossfit barbell bridge  
Crossfit Olona  
Crossfit Renoster  
Crossfit Torino  
CrossFit 3Towers  
CROSSFIT SAN SIRO  
Crossfit quwwa  
BullGang Crossfit  
Crossfit Darsena  
Crossfit RMG  
crossfiticinvm  
Bull gang crossfit Alba  
Beauty Island Crossfit Bresso

**WOD 1****8.30 a.m.****WOD 2****12.30 p.m.****WOD 3****16.30 p.m.****WOD 4****8.30 a.m. (Sunday)**

**HEAT 2**

Vokounova  
Caputo  
Capitelli  
Macaluso  
Ricció  
Cono  
Brocchetta  
Bertossi  
Ricci  
Lucchesi  
Coccia  
Vogt  
tagliacarne  
chaar  
Lauda

**SCALED W**

Michelle  
Rossana  
Claudia  
Barbara  
Chiara  
Maria Elena  
Carlotta  
Laura  
Stefania  
Miriam  
Jessica  
Marie  
sara carlotta  
henem  
Federica

Performance Power Center  
Crossfit Bulwark  
CrossFit Pavia  
CrossFit PAVIA  
Crossfit Modena  
Crossfit Darsena  
CrossFit Pavia  
Crossfit Gallarate  
Crossfit RMG  
HSL CrossFit Alessandria  
CrossFit Fermo  
Crossfit 975  
Independent  
crossfit quwwa doha  
Crossfit Darsena

**WOD 1****8.45 a.m.****WOD 2****12.45 p.m.****WOD 3****16.40 p.m.****WOD 4****8.45 a.m. (Sunday)**



### HEAT 3

Mariani  
Fava  
Santacroce  
Caramico  
Granito  
fontana  
carcano  
De Cicco  
Sollazzo  
sauv  
grilli  
Favarato  
Russo  
Diotti  
Sattin

### SCALED M

Valerio  
Marco  
Davide  
Edoardo  
Marco  
daniele  
stefano  
Alessandro  
Samuele  
Matteo  
simone  
Alessandro  
Manuel  
Alessandro  
Matteo

CrossFit livorno  
Crossfit Piacenza  
Crossfit Bicocca  
CrossFit Olona  
Crossfit Carugate  
cornercrossfit  
crossfit meda  
HSL CROSSFIT ALESSANDRIA  
CrossFit Gallarate  
Crossfit San Siro  
Crossfit Darsena  
Crossfit Ciampino  
Crossfit Darsena  
Independent  
Corner CrossFit

### WOD 1

9.00 a.m.

### WOD 2

13.00 p.m.

### WOD 3

16.50 p.m.

### WOD 4

9.00 a.m. (Sunday)

**HEAT 4**

Caliò  
chiarito  
kiriakakis  
Ascari  
Jmili  
RED  
Calzuola  
Griggio  
Calcagno  
Enrico  
Barresi  
Mussoni  
Gioia  
forti  
CADAU

**SCALED M**

Gabriele  
manuel  
vasilis  
Andrea  
Adam  
Marco  
Matteo  
Luca  
Maurizio  
Andrea  
Giancarlo Angelo  
Luca  
Davide  
ivano  
SALVATORE ANTONIO

CrossFit Legnano  
crossfit Bulwark  
Crossfit IronCage  
CrossFit Modena  
Crossfit RMG  
CrossFit Monza  
Indipendent  
BEBETTER CROSSFIT  
CrossFit Torino  
Rebels Biella  
CrossFit Buccinasco  
Crossfit 3 Towers  
CrossFit Torino  
crossfit753ac  
CROSSFIT ICHNOS

**WOD 1****9.15 a.m.****WOD 2****13.15 p.m.****WOD 3****17.00 p.m.****WOD 4****9.15 a.m. (Sunday)**



## HEAT 5

Zanotti  
Isella  
turi  
Ferrari  
Renda  
Abbate  
Martino  
Trischitta  
Perri  
Nicolais  
Trini  
Macrì  
Russo  
Bonura  
Dramisino

## SCALED M

Glauco  
Jacopo  
stefano  
Lorenzo  
Thomas  
Alberto  
Alessandro  
Stefano  
Luigi  
Michele  
Carlo  
Lorenzo  
Giuseppe  
Nicola  
Juri

Crossfit 3 Towers  
Crossfit Bulwark  
crossfit bicocca  
Crossfit Segrate  
Crossfit Imperia  
Crossfit M1  
crossfit be better  
INDEPENDENT  
crossfit Firenze  
CrossFit Fermo  
Crossfit ichnos  
Crossfit bovalino  
Reebok crossfit Alcamo  
Reebok Crossfit Alcamo  
Crossfit gorgonzola

## WOD 1

9.30 a.m.

## WOD 2

13.30 p.m.

## WOD 3

17.10 p.m.

## WOD 4

9.30 a.m. (Sunday)



## HEAT 6

camanni  
cardarelli  
Koenig  
Mora  
Reichmuth  
Azzaroni  
Ciuffreda  
Colli  
Cuomo  
JANKINOFF  
Manzi  
Onisto  
Bomben  
supino  
TRENTONZI

## MASTER 45+ M/W

alessia  
beatrice  
Nunzia  
Tania  
Nicole  
Ricky  
Leonardo  
Gianni  
Matteo  
DAVID  
Roberto  
Fabio  
Gianrico  
gianluca  
italo

CrossFit V-one  
Crossfit Sabina  
Crossfitriviera  
Crossfit Suzzara  
Crossfit Basel  
Strong Wall CrossFit  
Crissfit Darsena  
CrossFit Bicocca  
Crossfit Bicocca  
CrossFit Villeurbanne  
CrossFit Bicocca  
CROSSFIT 36100  
CrossFit Meda  
Be Better Crossfit  
CrossFit La Superba

## WOD 1

9.45 a.m.

## WOD 2

13.45 p.m.

## WOD 3

17.20 p.m.

## WOD 4

9.45 a.m. (Sunday)



### HEAT 7

Amodei  
Bastoni  
bianchi  
Cazzaniga  
Desiato  
Donato  
pecoraro  
seelow  
vigneri

### MASTER W 40+

Michela  
Denis  
marta  
Stefania  
Micaela  
Giorgia  
cinzia  
karin  
francesca

Progetto crossfit  
CrossFit Modena  
MYLAND  
CrossFit GangSta Cantú  
CrossFit Team 059  
Crossfit Bicocca  
crossfit blackfox  
Rookies  
crossfit 35014

### WOD 1

10.00 a.m.

### WOD 2

14.00 p.m.

### WOD 3

17.30 p.m.

### WOD 4

10.00 a.m. (Sunday)

**HEAT 8**

Perin  
Beltrami  
Bressan  
CABIATI  
Camanni  
Ciotti  
De Grazia  
Isabella  
Lalla  
Marenzi  
Pasotti  
Pierangeli  
Sala  
Italiano  
travaglione

**MASTER M 40+**

Alessandro  
Giorgio Maria  
Filippo  
CRISTIANO  
Stefano  
Giuseppe  
Michele  
Alessandro  
Pietro  
Andrea  
Pierbruno  
Massimiliano  
Giuliano  
Maurizio  
silvio

CrossFit 36100  
CrossFit GangSta Cantú  
CrossFit 36100  
crossfit monza  
CrossFit Sempione  
Reebok CrossFit Alcamo  
Crossfit Pavia  
CrossFit Barbell Bridge  
Crossfit bicocca  
Crossfit team 059  
CrossFit Solferino  
Crossfit Bicocca  
CROSSFIT MONZA  
CrossFit Bovalino  
silvio travaglione

**WOD 1****10.15 a.m.****WOD 2****14.15 p.m.****WOD 3****17.40 p.m.****WOD 4****10.15 a.m. (Sunday)**





### HEAT 9

coll rojo  
De Feo  
DI PIERRO  
Dupriez  
Fallaha  
Franceschini  
Franciosi  
MAZZOLA  
Silvestri

### MASTER W 35+

susana  
Stefania  
CONNIE  
Julie  
Sara  
Beatrice  
Lorenza  
DANIELA  
Margherita

INDEPENDENT  
Leonessa Crossfit  
Be Better Crossfit  
Independent  
CrossFit Team 059  
CrossFit b side  
Be Better Crossfit  
LEONESSA CROSSFIT  
Crossfit bicocca

### WOD 1

10.30 a.m.

### WOD 2

14.30 p.m.

### WOD 3

17.50 p.m.

### WOD 4

10.30 a.m. (Sunday)

**HEAT 10**

Senatore  
Jacobs  
Giannasso  
Piovanelli  
condello  
Favaretti  
Cesaroni  
Mazzotti  
Merenda  
Marasini  
Guerne  
Rossini  
Rossi

**RX W**

Kaytlin  
Sarah  
Laura  
Simona  
mary  
Michela  
Valentina  
Silvia  
Luana  
Benedetta  
Véronique  
Matilde  
Carolina Diana

Corner Crossfit  
Independent  
CrossFit Olona  
Milanimal  
crossfithc  
11k CrossFit  
Crossfit Renoster  
Leonessa CrossFit  
Crossfit Bicocca  
CrossFit Team 059  
CrossFit975  
CrossFit Team 059  
CrossFit HH

**WOD 1****10.45 a.m.****WOD 2****14.45 p.m.****WOD 3****18.00 p.m.****WOD 4****10.45 a.m. (Sunday)**

**HEAT 11**

mastriani  
Pennacchio  
Gabutti  
Orlandoni  
Bennett  
Caspiati  
Long  
Kulibaba  
Serafini  
Andraghetti  
Tanushi  
Albini

**RX W**

alice  
Manila  
Valentina  
Matilde  
Sally  
Marianna  
Jessica  
Anastasiya  
Laura  
Silvia  
Paola  
Giorgia

crossfit753ac  
CrossFit Team 059  
Seven Stars Crossfit  
Be better crossfit  
CrossFit Quwwa  
CrossFit Adamantio  
Perpetua  
v-one  
Seven Stars CrossFit  
Crossfit RMG  
Hevaytools Crossfit  
Indipendent

**WOD 1****11.00 a.m.****WOD 2****15.00 p.m.****WOD 3****18.10 p.m.****WOD 4****11.00 a.m. (Sunday)**

**HEAT 12**

Bardini  
Camatel  
Dalpozzo  
dicarlo  
Gabba  
Gardini  
giorgio  
Ledesma  
molina teruel  
Montes  
Pedrazzini  
Rollot  
Sorge  
tabossi  
Travaglione

**MASTER 35+**

Massimiliano  
Enrico  
Simone  
giuseppe  
Michele  
Michele  
christophe  
Antonio  
francisco  
Matthieu  
Matteo  
Sylvain  
Francesco  
michele  
Luca

CrossFit M1  
REBELS BIELLA  
CrossFit RMG  
crossfithc  
Michele Gabba  
Reebok Crossfit Ravenna  
crossfit power factory  
M Team CROSSFIT  
independent  
None  
CrossFit Pavia  
Crossfit Riviera  
CrossFit Avezzano  
Heavytools Crossfit  
Crossfitnapoli

**WOD 1****11.15 a.m.****WOD 2****15.15 p.m.****WOD 3****18.20 p.m.****WOD 4****11.15 a.m. (Sunday)**

**HEAT 13**

Bellato  
Siracusa  
Fedeli  
Milano  
MONGIOVI'  
Eterno  
De Andreis  
Recchia  
Lovison  
gesso  
Chiarolanza  
Agresta  
Johansen  
Sborgia  
Damiani

**RX M**

Andrea  
Marco  
Alberto  
Federico  
MARIO  
Vincenzo  
Matteo  
Sergio  
Alessandro  
augusto  
Alessandro  
Domenico  
Jonas  
Marco  
Juba

Indipendent  
CrossFit Catania  
CrossFit Carugate  
Corner Crossfit  
Reebok CrossFit Alcamo  
Reebok CrossFit Alcamo  
Indipendent  
Reebok crossfit Officine  
crossfit lago maggiore  
crossfit Imperia  
CrossFit Tower  
Crossfit Black Fox  
Crossfit Oslo  
CrossFit Impera  
CrossFit Castelfranco

**WOD 1****11.30 a.m.****WOD 2****15.30 p.m.****WOD 3****18.30 p.m.****WOD 4****11.30 a.m. (Sunday)**

**HEAT 14**

Cellini  
pinazzi  
Fusco  
MIRRIONE  
Prudenziato  
Consonni  
Grazioli  
Bifano  
ROZZINI  
Lorenzini  
Di Mauro  
fernandez  
fezia  
Cesti  
Franceschetti

**RX M**

Andrea  
matteo  
Alessandro  
BIAGIO  
Nicola  
Lorenzo  
Daniele  
Giuseppe  
MATTEO  
Daniele  
Frances  
rémy  
renato  
Emanuele  
Gabriele

Crossfit 06  
reebok crossfit officine  
Leonessa CrossFit  
Reebok CrossFIT Alcamo  
Crossfit 7987  
CrossFit Legnano  
Crossfit SkyDome  
CrossFit Catanzaro  
HEAVYTOOLS CROSSFIT  
Crossfit Ichnos  
CrossFit BMH  
crossfit-grenoble  
11k Crossfit  
Crossfit very well  
Crossfit Gangsta Cantù

**WOD 1****11.45 a.m.****WOD 2****15.45 p.m.****WOD 3****18.40 p.m.****WOD 4****11.45 a.m. (Sunday)**

**HEAT 15**

Italiano  
Rossini  
Bedrush  
Pentoli  
Maghini  
Fernández Ontiveros  
Abelli  
Codemo  
Ferraro  
Ferrero  
Barcali  
santucci  
Cappa  
Carbone  
Allievi

**RX M**

Stefano  
Lorenzo  
Marwan  
Gianmarco  
Nicolò  
Luis Víctor  
Simone  
Christian  
Giuseppe  
Andrea  
Emanuele  
giuseppe  
Michele  
Fausto  
Roberto

Reebok crossfit ravenna  
Crossfit Torino  
CrossFit M1  
Reebok Crossfit Ravenna  
Seven Stars CrossFit  
FULL CROSSFIT VALENCIA  
CrossFit Arona  
CrossFit GVA  
CrossFit Bovalino  
Crossfit Lago Maggiore  
Independet  
CrossFit SevenStars  
11kCrossfit Sistema  
Crossfit Catania  
CROSSFIT BULWARK

**WOD 1****12.00 p.m.****WOD 2****16.00 p.m.****WOD 3****18.50 p.m.****WOD 4****12.00 p.m. (Sunday)**